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The New York Academy of Medicine



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1884

1884

EIGHTH ANNUAL REPORT
OF THE
SOCIETY
OF
THE TRAINING SCHOOL FOR NURSES
ATTACHED TO
BELLEVUE HOSPITAL

PRESENTED TO THE VISITING COMMITTEE FOR BELLEVUE
AND OTHER HOSPITALS

January 1, 1881.

OFFICE OF THE SOCIETY
AND
NURSES' HOME, 426 EAST 26TH STREET

Members of the Society are reminded that the Annual Dues are payable in January.

All Donations, Subscriptions, and Annual Dues should be sent to the Treasurer of the Training School for Nurses, Mr. Amos H. Trowbridge, at the Second National Bank, corner of Fifth Avenue and 23d Street, and a receipt will be returned from the Training School.

A List of the Graduated Nurses now practising in New York will be found on third page of cover.

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SOCIETY

OF THE

Training School for Nurses.

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REPORT.

THE Managers of the Training School for Nurses present their 8th Annual Report to the public, trusting that the tale it tells of steady growth and increasing usefulness, may prove satisfactory to its many friends and to all interested in philanthropic and educational causes.

Since the opening of the school in 1873, 120 nurses have graduated. Of these 1 has died, 4 have married, 24 have assumed responsible positions in training schools and hospitals; 3 have devoted themselves to nursing amongst the poor, 2 have entered sisterhoods, 83 have established themselves as professional nurses, 3 have been deprived of their diplomas for unprofessional conduct.

During the year 37 pupils were received into the school, 7 of whom at the end of the trial month either proved unsatisfactory or decided the work was too hard for them, and there are at present 63 pupils and nurses in the school.

Here we would gratefully acknowledge the general good health enjoyed by the nurses. During the year there has been but one case of serious illness amongst them. The house where they live when off duty, is truly what its name indicates—a *home*. It is roomy, cheerful, and thoroughly comfortable. Care is taken that the nursing should be so arranged as to prevent overtasking of strength, and the great variety in cases, only possible in the wards of a large hospital, precludes *monotonous* fatigue. Special attention is also given that the food of the nurses should be good and abundant. The school has under its charge, the nursing of all the female wards of Bellevue Hospital, two male wards, the Sturgis Pavilion and the Emergency Lying-in Hospital attached to Bellevue; and is thus enabled to offer to its pupils, during their two years of service, a varied experience in surgical, medical and

obstetrical cases. In addition to the training in the wards by the head nurses, there is given a regular course of instruction by the assistant superintendent, twice a week, in physiology, management of a sick-room, and the duties of a nurse ; there is a course of lectures during the year by the house-staff ; a course during the winter months by other physicians and surgeons ; lessons in bandaging by an expert ; lessons in massage* (now considered so essential a curative process), and lessons in cooking, in order that each nurse may understand how to nourish as well as to tend her patients.

The demand for nurses in private families is always greatly in excess of any supply possible by the school. During the year 507 such demands were received. Of these only 191 could be answered by the school, 220 were sent to the graduated nurses, and 96 the superintendent was forced to refuse. With each nurse is always given a printed form upon which it is requested there should be written a statement of her efficiency, signed by both the employer and the attending physician, and the managers most earnestly desire that the statement should be full and truthful, as in no other way can they form a just estimate of the excellence or the deficiency of their pupil's work. And as helpfulness, pleasantness, and a ready obedience to the rules of the various households where her calling may carry her, are essential qualities of a good nurse, it is especially asked that any failure in these points may be written in the statement, to serve as a help to the superintendent in the future guiding of the pupils. There will be found at the Home a list of the graduated nurses with their addresses, and it always gives the managers pleasure to aid, during good behavior, their old pupils in gaining employment.

The need felt by the nurses for some badge to distinguish them from the graduates of other schools, has been supplied. It is a simple ornament in the form of a brooch, on which is engraved the figure of a stork, the emblem of *watchfulness*.

One of the early difficulties with which the school had to contend has long since passed away, *i.e.*, that of obtaining women to train, and the superintendent is in constant receipt of many more applications than it is in her power to accept. She gen-

* The French term expressing a peculiar form of rubbing or kneading of the limbs and body.

erally admits four or five probationary pupils each month, excepting during the summer months of June, July and August. Many of these women come from a distance, and as it is impossible to accept them till after the test of a month's trial, it is most important they should fully understand, before making their application, that something more is necessary on their part than simply "a love of nursing." They must be of strong health and unblemished character; be prepared to pass a preliminary examination in reading, writing, simple arithmetic, and English dictation; to encounter much that is repugnant and sometimes painful in their daily and nightly duties in the wards of a large pauper hospital like Bellevue; to be tender and pitiful with suffering of all forms; to be faithful in their work and unquestioningly obedient to the physicians and to the officers of the school,—in fact, to remember that they have chosen a profession which, while it offers an honorable and lucrative career to women, claims from them, at the same time, loyalty, patience and self-abnegation.

Possessing these qualities, a pupil will be sure to train into a good nurse, and to prove a help and blessing in the hospital and in all homes where sickness and suffering are found. Without them she may acquire the technical knowledge of her work, but she will miss the crowning glory and reward of her profession.

The managers would renew the thanks which each year it is their grateful duty to offer to the Medical Board of Bellevue, for their kind help and coöperation; to the house staff for the valuable assistance they have invariably given by lectures and by bedside instruction in the training of the nurses, and to the warden for his constant and efficient courtesy to the officers of the school and to its pupils.

The managers' thanks are also due, in no small measure, to the head nurses, for the faithful discharge of their duties in the wards, and to the graduates who, by their trained and intelligent service in private families, in public institutions and in the homes of the poor, have added to the reputation and consequent usefulness of the school.

The pay received for services of nurses forms the largest item in the receipts of the school, and as the strictest economy in the management of the finances is at all times necessary to make the

income equal to the expenses, the managers are unable to send nurses to families where no pay can be hoped for in return. But the superintendent occasionally receives sums of money from private patients who have experienced the benefit of skilful, trained nursing, and who wish to extend this blessing to others less fortunately placed than themselves. Several times during the year, she has been enabled, by these gifts of Christian charity, to send a nurse where her services, otherwise unattainable, have been the means of saving life. Surely such money is doubly blessed, blessing both the giver and the receiver !

In closing their report, the managers would respectfully call the attention of the public to the fact that, though the Treasurer's statement shows no debt, it also shows no balance to the credit of the school. As the cause they represent concerns all mankind, and is the direct outgrowth of the command to "heal the sick," they would, whilst gratefully acknowledging the past contributions that have helped to make the Training School for Nurses what it is, appeal with confidence for the future to the generous support of all those who recognize that in ministering to the sick and dying they are fulfilling a law both human and divine.

ALLINE P. WOODWORTH,

Secretary.

ADDRESS TO THE GRADUATING CLASS

BY DR. J. T. METCALFE

AT THE ANNUAL MEETING, JAN. 11, 1881.

IN compliance with a request from the Lady Managers of the Training School for Nurses, I am here to say a few words of encouragement and advice to those who, having passed a satisfactory examination, are entitled to the long-desired diploma, certifying to the world that they are to be considered as experienced, trustworthy, and competent to nurse the sick.

This is a time-honored custom, which may well find its justification in the fact that your future labors will be under the supervision and guidance of members of the medical profession. Their approval of the manner in which you fulfil the tasks of your calling will very greatly influence your success or failure.

To the universal testimony of my brethren I cheerfully add mine, in recognition of the greatly increased efficiency and satisfaction with which we practise our profession now, when contrasted with our best efforts under the old dispensation. Then, Sairey Gamp was but too faithful a photographic picture of the kind of help patients and physicians were obliged to put up with on the part of so-called nurses.

I need not tell you who are so familiar with the wards of Bellevue Hospital what order, intelligence, and devotion to duty, characterize their service to day. Let me give you an idea of their condition when I commenced the duties of attending physician to that hospital, in the year 1847. It was then that the sick poor passed from the care of politicians to that of an organized medical board, as now constituted. I must make an exception to that statement. Instead of the positions on the house staff being eagerly sought for by the best and brightest

graduates of our medical schools, we were often obliged to drum up recruits and to take, not the very best men, as at present, but to be satisfied that there was nothing especially objectionable in the candidates.

As to the matter of nursing, let me read you an extract from the resident physician's report of December, 1848,—more than a year after the new order of things had prevailed. Doctor Reese said :

“Another improvement and one of incalculable importance, which was urged in my last report, for sound medical and moral reasons, has recently been introduced here and is already yielding the most salutary results. No longer are the sick poor condemned to the cruel infliction of being nursed by the convicts of the Female Penitentiary, nor is the public property any longer wasted and destroyed by abandoned and dissolute women whose profanity, drunkenness and theft, have always been notorious and incurable. Hired nurses, selected from among poor females of reputable character and decent habits, are now found in all the wards of the hospital.”

In the winter of 1847-48, a dreadful epidemic of typhus fever prevailed in New York. Nearly seven hundred cases of this and of typhoid fever were treated in Bellevue. At one time, I had no less than one hundred and fifty cases of these fevers under my care, and this was, before the change, so highly lauded by Doctor Reese, had taken place. Many physicians working in the hospital lost their lives. I myself had the fever and was reported as dead.

Well do I remember in making one morning visit, after an unusually cold night. The fever ward was warmed (?) by a stove, the fire in which had been allowed to go out. Many window panes were lacking, a large hole was in the roof, a good-sized dog could have crawled under the outer door, and six or seven patients lay dead, whose lives in the Bellevue of to-day would have almost surely been saved. One effect of severe cold is to impair the intellectual working of the human brain. It had so benumbed that organ in our ward-tenders that they could neither find the way to the stove nor to the patients' mouths. The stimulants for the latter had unaccountably been imbibed by their guardians, nearly all of whom lay about in that happy condition in which neither consciousness of cruelty, neglected duty, nor cold, seemed

to give them the least concern. Nursing had to be done by some one; and in addition to their own arduous duties the physicians were often obliged to spend hours in lifting, feeding, and caring for the helpless people they were trying to cure.

We have changed all that. The general development of all humanitarian tendencies has done much to bring about the change. No one improvement, however, has given more aid to the medical man than the class of nurses we find at the present day—outcomes of the admirable system of Training Schools, happily become so common in our large cities where hospital advantages are found.

I hope you have well considered the career you have chosen. The task you have assumed is no light one, provided a conscientious spirit should animate you in its fulfilment. I know almost no condition of life in which self-denial is so indispensable. Your equanimity will be sorely taxed in dealing with the querulous and morbidly unreasonable, in the course of chronic ailments. In many cases your bodily strength and powers of physical endurance will be sorely tested. In the houses of those who have the uncomfortable combination of narrow means and illness, you will frequently find it necessary to put up with food of the plainest kind, with accommodation leaving much to desire, and with the necessity of turning a helping hand in many small matters not strictly coming under the head of a nurse's duty. All attendant trials must be cheerfully accepted and bravely borne on the inexorable principle that the path of duty is not the smoothest and most pleasant for us mortals to follow.

When I had received my diploma and gone through with what was known as hospital training, I fancied I had but little or nothing to learn. All I desired was plenty of patients on whom to exercise the prodigious amount of medical and surgical knowledge I supposed myself to possess. What was true of me, before any of you were born, I find to be true of graduates of the present day. They don't know the difference between what private practice requires and what will answer in the wards of a general hospital. And you nurses have the same lesson to learn.

All of you think you know what you should do in the capacity of a well-trained nurse. Let me mention some things you should avoid :

1. Loquacity. A distinguished French author has said : " The physician should be the tomb of family secrets." Not less imperatively should you consider yourselves bound to keep sacred what may come, of that nature, to be known in the course of your service. Loquacity induces the bad habit of entertaining one patient with what has happened to another ; not to speak of the undesirable one of worrying and irritating your charges by " too much sound of the human voice." Not long since an eminent physician, in recommending a nurse to me very highly, concluded by saying : " And, doctor, she knows how to say *just enough* ! " Of another I was told : " Oh, yes, she understands how to nurse ; but she is a perfect word-spout."

2. Another objectionable form of the loquacious sister is found in her who entertains patients with very interesting or very terrible cases she has had to nurse. Instead of increasing her importance, it is sure to end in her loss of employment by physicians, who seldom fail to find out the malign influence to which the sick person's change for the worse is to be attributed. Within a month I have known an instance in which a minute, daily detail of the nurse's personal misfortunes so wrought upon the sensibilities of a patient convalescing from a capital surgical operation, that the attendant was kept in great anxiety lest the sleeplessness, loss of appetite, and generally unfavorable symptoms might be precursors of a fatal termination. Do not, then, forget the golden virtue of silence or proper reticence.

3. Nurses are in honor bound to follow the directions of the medical man under whose guidance they act. Occasionally I find one who is disposed to exercise the right of private judgment, by advising the patient to send for her especial favorite doctor. Were I to find that myself had been so distinguished, I should at once take that nurse's name from my good list. You are not to judge of the school or system of the medical man to whose patient you may chance to be called.

Some unpleasant consequences follow from what may be called the spirit of clique. A nurse from one school, through prejudice or pride, fails to act harmoniously with one from another school. This is calculated to neutralize the good we physicians expect to find in your cheerful and unrestrained desire to do the greatest good to your sick charge. All your teachings tend to the same

end, and are guided by the same general principles. Why should you differ ?

Fine dressing, when on duty, I have seen with regret on more occasions than one. In the sick-room, your working costume is the only one that should be allowed. Not long since, a nurse came to an operation in a handsome silk dress, with trimmings to match. An unfortunate burst of a cyst, the contents of which drenched her very thoroughly, proved an expensive, but, I believe, a very thorough cure to her pride of person.

My desire, in the few preceding remarks, has been to let you know what beneficent changes I have seen come in the practice of medicine through the influence of trained sick-nurses. So often have we doctors told you of the great help we find in your guild, that it must seem much more tedious than a twice-told tale to hear any repetition of the old story. But mainly have I tried to say what should promote your own improvement, thereby enabling us both better to help the helpless, and to carry out the blessed spirit of the golden rule which, after all, is the fundamental one of life. A quiet, intelligent, faithful, unselfish, gentle nurse ought to make a good angel.

May each one of you prove a successful candidate for that high and holy possibility !

Course of Lectures delivered during the year.

Ten on <i>Surgery</i> ,		Dr. SCUDDER.
One on <i>Disinfectants</i> ,		Dr. FIELD.
Three on <i>Drugs</i> ,		Dr. MILBANK.
One on <i>Poisons</i> ,		Dr. SWIFT.
One on <i>Hemorrhages</i> ,		Dr. WILDMAN.
One on <i>Surgical Emergencies</i> ,		Dr. GIRDNER.
Two on <i>Drugs</i> ,		Dr. MCCOY.
One on <i>Electricity</i> ,		Dr. CHAPIN.
One on <i>Thoracic Viscera</i> ,		Dr. CHEESEMAN.

Winter Course of Lectures delivered by

Dr. FREDERIC DENNIS, Dr. GRISWOLD, Dr. W. GILL WYLIE.

In addition to the lectures, a regular course of instruction is given by the Assistant Superintendent twice a week to two classes, lessons by a qualified teacher in massage, and lessons in bandaging by an expert.

GRADUATES OF 1880.

Miss	ESTHER A. ALDRICH	New York.
Mrs.	E. W. BISHOP	Mass.
Miss	SARAH F. CLARKSON	New Jersey.
"	ANNA R. COXHEAD	New York
"	MARY DIEFENDORF	Ohio.
"	MARY F. ETTER	Ohio.
Mrs.	M. E. FULLAM	Illinois.
Miss	JULIETTE E. HANCHETTE	New York.
"	R. S. HART	D. C.
"	MARY E. HEMPLE	Penn.
"	THERESE HOPPÉ	Germany.
"	ANNA C. HULETT	New York.
"	CLARA F. HULL	Conn.
"	UHLA W. LAIRD	Indiana.
"	ANNA D. LANGWAR	Vermont.
"	MARY E. MARKHAM	New York.
Mrs.	MARY A. MEGARGE	New York.
Miss	ELLEN E. MOSTOW	Illinois.
"	LUCIA E. PANGBORN	New York.
Mrs.	ELIZA E. REDMOND	Canada.
Miss	M. E. REID	Mass.
"	ESTHER ROBERTSON	New Hampshire.
"	SARAH G. SHAW	New York.
"	SARAH L. SIMONSON	New York.
"	MARY E. SNYDER	New York.
"	LIZZIE SOMERSET	Canada.
"	A. M. STONE	Ohio.
"	ALICE M. WARREN	New Jersey.
"	J. F. WHITE	Wisconsin.
"	H. E. WRIGHT	New York.

TREASURER'S REPORT FOR THE YEAR 1880.

DR. THE TRAINING SCHOOL FOR NURSES, IN ACCOUNT WITH AMOS H. TROWBRIDGE, *Treasurer.* CR.

PAID DURING 1880.		RECEIVED DURING 1880.	
For Salaries and Wages		Balance in hand January 1, 1880 . . . \$185 89	
Of Superintendent and 64 Nurses \$9,675 01			
Matron and House Servants	1,995 50	From Services of Nurses	
	<u>\$11,580 51</u>	In Bellevue Hospital . . .	\$6,592 00
Rent of Rooms outside of the House	. . . 168 00	In Private Families . . .	8,179 82
Fuel and Light . . .	846 79		<u>\$14,771 82</u>
Provisions and House Expenses . . .	6,609 31	Members of the Society, Annual Dues	2,615 00
Furniture and House Supplies . . .	363 58	Donations . . .	3,220 00
Printing, Postage and Stationery . . .	282 31	Lecture Fund . . .	300 00
Repairs . . .	322 39		<u>\$20,906 82</u>
Incidental Expenses . . .	335 33		
Lecture Fund . . .	300 00		
Balance in hand . . .	100 00		
Balance in bank . . .	184 49		
	<u>\$21,092 71</u>		

We have examined the above account and find it correct.

W. E. Dodge, Jr., } Auditors appointed in accordance
Stuyvesant Fish, } with Art. VI of the By-Laws.

January 8, 1881,

AMOS H. TROWBRIDGE, *Treasurer.*

\$21,092 71

CONTRIBUTIONS

OTHER THAN ANNUAL DUES RECEIVED DURING 1880.

Auchincloss Mrs. John	\$ 20	Auchincloss Mr. John W.	25
Auchmuty Mrs. R. T.	25		
Bishop Mr. D. W.	10	Brennan Miss	5
Brown, Esq., M. P., A. H.	100	Brown Miss E. W.	5
Beaman Mrs. C. C.	50	Bulkley Mrs. J. R.	75
Church Mr. F. E.	150	Clark Miss Annie M.	100
Chase Mr. Ed. E.	100	Coleman Mrs. Wm.	10
Delafield Mrs. Maturin L.	20	Dubois Miss Katherine	100
Denny Mrs. John T.	100	Dubois Dr. M. B.	100
Dubois Mrs. Abram	100	d'Hauteville Mrs.	25
Dubois Mrs. M. B.	100		
Friend through Miss Perkins	20	Foote Mrs. Margaret A.	100
Fish Hon. Hamilton	100	Friend through Miss Perkins	10
Friend through Mrs. Swett	5	Friend	50
Friend	5	Friend A	5
Foote Mr. Emmerson	100		
Griffin Mrs. Wm. Preston			
(" In Memory of J. L. R.")	50		
Hammersley Mr. John W.	25	Hall Miss Martha J.	100
Higginson Mrs. Marg. G.	100		
Jesup Mrs. M. K.	30		
Livingston Mr. Robert J.	250	Livingston Mr. Maturin	40

Mané Mr. Peter	10	Miller Mr. Charles E.	100
Marquand Mrs. M. G.	50		
Osborn Mr. H. F.	10		
Phœnix Mr. S. Whitney	20	Porter Miss	10
Renwick Mrs. H. B.	25	L. T. V. R.	10
Roosevelt Mr. C. V. S.	20		
Sturges Mrs. Jonathan	100	Stuart Messrs. R. L. & A.	200
Sturges Mr. Frederick	100	Seligman Joseph, Estate of	
Sturges Mr. Edward	50	the late	100
Sturges Mr. H. C.	25		
Tucker Mr. John J.	20		
Van Rensalaer Mrs. Alex.	10	Vanderbilt Mrs. Cornelius	100
White Mrs. Joseph M.	50	Wickes Mrs. Edward A.	50
White Mr. Joseph M.	50		

Dr. Charles P. Murray, for a lecture fund, \$200.

Subscriptions for five magazines for 1880 and 1881, from
Mr. Wm. H. Osborn.

HONORARY MEMBER

OF THE SOCIETY,

MISS EUPHEMIA VAN RENSSELAER.

LIFE MEMBERS.

BY THE PAYMENT OF ONE HUNDRED DOLLARS AND UPWARD.

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 Astor Mrs. J. J.
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Lorillard Mr. G. P.
 Lord Mrs. Edwin
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 Libby Mrs. E.

Matthews Mrs.
 Morgan Mrs. E. D.

Morgan Mr. J. P.
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Pinchot Mrs. J. W.
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Read Miss Mary
 Roosevelt Mr. James A.
 Robbins Mr. Chandler
 Robbins Mr. G. A.

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 Russell Mr. C. H.

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 Schiefflin Miss H. M.
 Spaulding Mr. H. F.
 Southmayd Mr. C. F.

Tileston Mrs. Thomas
 Thompson Mr. C. H.
 Thompson Mr. F. P.

Vanderbilt Mrs. Cornelius

Williams Mr. S. C.
 Willetts Mr. Samuel
 Woolsey Miss A. H.
 Weston Mr. R. W.
 Ward Mr. G. C.

Young Mr. Henry

MEMBERS AND ASSOCIATE MEMBERS.

MEMBERS' ANNUAL DUES, TEN DOLLARS; ASSOCIATE MEMBERS',
FIVE DOLLARS.

Angell Miss J. J.	\$ 5	Alsop Mrs. J. W.	\$ 5
Alden Mrs. B. R.	10	Appleton Mrs. D. S.	10
Auchincloss Mrs. Hugh	10	Agnew Dr. C. R.	10
Arnold Mrs. B. G.	10	Appleton Mrs. Geo. S.	10
Arnold Miss C. B.	10	Adams Mrs. T. M.	10
Aldrich Mrs. H. D.	10	Appleton Mr. John A.	10
Adams Dr. J. G.	10	Archibald Mrs. E. M.	5
Agnew Mr. Alexr. McL.	10	Allen Mrs. Danl. B.	10
Bayliss Mrs. N. E.	10	Bradford Mrs. W. H.	10
Bowdoin Mrs. Geo. S.	10	Butler Mrs. C. E.	10
Bowdoin Mrs.	10	Beekman Mrs. J. W.	5
Butler Miss Rosalie	10	Beach Mrs. Miles	5
Butler Miss H. C.	5	Belmont Mrs. August	10
Bennett Mrs. J. S.	10	Butler Mrs. Prescott Hall	10
Bloodgood Miss Annie	5	Bridge Mrs. Wm. F.	10
Blagden Mrs. George	5	Blake Mrs. John Ellis	5
Bacon Mrs. Danl. G.	5	Brown Mrs. James M.	10
Billings Mr. Frederic	10	Bell Mrs. Isaac	5
Billings Mrs. Frederic	10	Barnard Mrs. J. G.	5
Blatchford Mrs. R. M.	5	Brown Miss Stewart	5
Bryce Mrs. William	10	Brown Mrs. J. Crosby	10
Burden Mrs. James A.	10	Banks Jr., Mrs. David	5
Brandreth Mrs. B. B.	10	Butler Mr. W. Allen	10
Barney Mrs. A. H.	10	Bissell Mrs. Arthur F.	10
Baker Mr. Anson	10	Boorman Mrs. James A.	10

Betts Mr. C. Wyllys	10	Bass Mrs. Edgar W.	10
Babcock Mrs. Saml. D.	10	Börs Mrs. Anna	5
Clendenin Mrs. J. W.	10	Chamberlain Mrs. Wm.	10
Cornell Miss E.	10	Campbell Mr. George	5
Cary Jr., Mrs. W. F.	5	Coster Mrs. Henry	10
Church Mrs. F. E.	10	Cruger Mrs. John C.	5
Currier Mrs. Nathaniel	5	Cowdin Mrs. E. C.	10
Crosby Mrs. E. N.		Crocker Mrs. Geo. A.	10
(3 years' sub.)	15	Choate Mrs. Joseph	10
Cook Miss Anna C.	5	Cooper Mrs. Edward	10
Coles Mrs. Wm. F.	5	Clark Mr. Hull	5
Coddington Miss Fannie		Colman Mrs. Samuel	5
(For 1880-1881)	10	Crooke Miss Julia L.	10
Churchill Mrs. Marlboro.	10	Congdon Mrs. Ellen L.	5
Chapman Mrs. H. G.	10	Cook Mrs. Walter	5
Chisholm Mrs. W. E.	10	Chandler Mrs. N.	5
Coleman Mrs. Wm.	10	Collins Miss Ellen	5
Christern Mr. F. W.	5	C. R. L.	10
Draper Miss Marié	5	Dinsmore Jr., Mr. W. B.	5
De Forest Mrs. Henry G.	10	De Forest Mrs. W. H.	5
Dickey Mrs. Charles D.	10	Dunlap Mrs. Andrew	5
Duer Jr., Mrs. Deming	5	Draper Mrs. Henry	5
Delafield Mrs. Maturin L.	10	Dodge Mrs. C. C.	5
Dana Mr. S. B.	10	Da Costa Mr. Chas. M.	10
Dana Mrs. S. B.	10	Drayton Mr. J. Coleman	10
De Forest Mrs. Geo. B.	10	De Rham Mr. Charles	10
Dows Mrs. David	10	De Rham Miss Julia A.	10
Dinsmore Mrs. W. B.	10	Drexel Mr. Jos. W.	5
Emott Mrs. James	5	Eno Mrs. Amos R.	10
Egleston Mrs. Henry P.	10	Eidlitz Mr. Marc	10
Evarts Mrs. W. M.		Egleston Mrs. David	5
(Sub. for 1880-1881)	10	Ely Mrs. Z. Stiles	10
Edwards Mr. Jonathan	5	Ellis Mrs. John W.	10
Eaton Mr. Dorman B.	10		

Fellowes Mrs. Cornelius	10	Furniss Miss C.	5
Fellowes Miss H. D.	10	Fiske Mrs. J. M.	10
Foster Mrs. J. P. Giraud	5	Farragut Mr. Loyall	5
Garner Mrs. Thomas	10	Gerry Mrs. Eldridge T.	10
Grinnell Mrs. Irving	5	Gordon Mrs. Robert	5
Godwin Mr. J. J.	10	Gordon Miss	5
Godwin Mrs. J. J.	10	Gurnee Mrs. W. S.	10
Gihon Mrs. Wm.	10	Graydon Mrs. Clendenin	10
Goodhue Mrs. C. C.	5	Graham Mrs. Malcolm	10
Humbert Mrs. Pierre	5	Holland Mrs. J. G.	5
Hurtado Mr. J. M.	10	Hitchcock Mrs. Thomas	5
Higginson Mr. J. J.	10	Haven Mr. Geo. G.	10
Hosack Mrs. N. P.	10	Harriman Mrs. Oliver	10
Harvey Miss Mary	5	Hendricks Mrs. Uriah	10
Harvey Miss Rebecca	5	Haines Mrs. John P.	10
Hoyt Mrs. Henry S.	10	Hawley Mrs. Henry E.	5
Hemenway Mrs. C. P.	10	Hall Mr. G. W.	10
Hosack Miss Eliza B.	5	Halsey Mrs. Frederick R.	10
Henry Mrs. J. J.	5	Holden Mrs. Horace	5
Hall Mr. Peleg	10	Herrman Mrs. H.	10
Humphreys Mrs. James	10	Hoe Jr., Mrs. Robert	10
Hall Mrs. John H.	10	Harriman Mrs. James	10
Hunt Mrs. Washington	5		
Isham Mrs. Chas. H.	5	Iselin Mrs. Wm. E.	5
Ireland Mrs. John B.	5		
Jay Mrs. John	5	James Mrs. Julian	5
Jones Mrs. Samuel	10	Jaffray Mrs. Ed. S.	10
Kuhn Mrs. Hartman	10	Kneeland Mrs. Charles	10
King Mrs. Edward	5	Kernochan Mrs. F.	10
Lane Mrs. David	10	Lanier Mrs. Chas.	10
Low Mrs. Daniel	5	Livingston Mrs. R. E.	5

Low Mrs. Geo. A.	5	Livingston Mrs. Henry B.	5
Leavitt Mrs. Geo. A.	5	Lapsley Mrs. Howard	5
Landon Mrs. Chas. G.	5		
Morgan Mrs. J. P.	10	McLanahan Mrs. J. L.	10
Morton Mrs. L. P.	10	Mortimer Mrs. W. Y.	5
Morgan Mrs. Wm. D.	5	Morgan Mrs. Matthew	10
Morton Mr. L. P.	10	Munzinger Mrs. Charles	5
Murray Dr. Chas. P.	10	Minturn Mrs. A. M.	10
McKim Mrs. Haslit	5	Minturn Mrs. J. W.	10
Moran Mrs. Chas.	10	Macdonough Mr. A. R.	10
McAlpine Mrs. D. H.	20	Miller Mr. C. E.	10
Miltenberger Mrs.	10	Marshall Mr. Chas. H.	10
Martin Mr. Wm. C.	5	Mack Mr. J. W.	10
Morgan Mrs. W. F.	5	Myers Mrs. T. B.	5
Minturn Miss E. T.	10	Marquand Mr. H. G.	10
Newbold Mrs. M. E.	10		
Ogden Mrs. Geo. B.	5	Ogden Mrs. W. B.	10
Osgood Mrs. G. A.	5	Ogden Mrs. G. M.	10
Ottendorfer Mrs. Oswald	10	Osborn Mr. Henry F.	10
Olmsted Mr. F. Law	5	Ogden Mrs. Alfred	10
Prime Mr. Rufus	10	Prince Mrs. John D.	5
Prime Miss Nina	10	Perkins Miss E. P.	5
Pell Mrs. Alfred	10	Patterson Miss C. H.	5
Phelps Mrs. Wm. Walter	10	Powers Mr. Wm. P.	10
Post Mrs. Joel B.		Patterson Mrs. J. W.	5
(Paid in 1879)		Pinchot Mrs. Jas. W.	10
Parish Miss	10	Proudfit Mrs. R. R.	10
Penniman Mrs. Geo. H.	10	Post Mr. Joel B.	
Phelps Mrs. Anson G.	10	(Paid in 1879)	
Prime Miss Mary R.	10	Pond Mrs. C. F.	5
Pell Mr. Alfred	10	Potter Mr. O. B.	5
Peaslee Mrs. E. R.	10	Pellew Mrs. Henry E.	10
Pierrepont Mrs. H. E.	5		

Redmond Miss F.	5	Rives Mrs. Francis R.	5
Robbins Mr. Chandler	10	Russell Mrs. Archibald	10
Read Mrs. Wm. G.	10	Robinson Dr. Beverly	5
Rhineland Miss Susan	10	Romilly Mr. Henry	10
Rogers Mrs. Henry P.	5	Roe Mr. Livingston	10
Redmond Mr. Roland	5	Rockwell Miss Anna	5
Redmond Mr. G. H.	10	Rich Miss Katie	5
Rhoades Mrs. J. H.	10	Roberts Mrs. Marshall O.	
Robbins Mrs. Geo. A.	10	(Sub. for 1880-81)	20
Schermerhorn Mrs.	5	Stokes Mrs. James	5
Suydam Mrs. Chas.	5	Stebbins Mr. H. G.	5
Swift Mrs. Wm. H.	10	Strong Mrs. Wm. E.	5
Swett Mrs. John A.	10	Snelling Mr. Edward T.	5
Stevens Miss Julia C.	5	Schlesinger Mrs. B.	10
Sands Miss Sarah T.	5	Sullivan Mrs. James	10
Schermerhorn Mrs. W. C. I.	5	Sands Miss Katherine	10
Scheffelin Mrs. S. B.	5	Stuyvesant Mrs. Robert	
Stewart Mrs. Lispenard	10	(2 years' sub.)	20
Sloane Miss Margaret E.	10	Sturges Miss Kate C.	5
Smith Mr. Augustin	10	Stewart Mr. David	10
Stuart Mrs. Robt. L.	10	Schiff Mr. J. H.	10
Stone Mrs. J. O.	5	Sutton Mr. C. K.	5
Suydam Mr. D. Lydig	10	Sutton Miss Nina G.	5
Stuart Mrs. James	10	Stone Mrs. A. B.	5
Tracy Mrs. Chas.	10	Trevon Mrs. J. B.	10
Thorne Mrs. Wm. K.	10	Thomas Mrs. T. G.	5
Townsend Mrs. Wm. H.	5	Thompson Mrs. David	10
Tatham Mr. Chas. B.	10	Tuckerman Mrs. Lucius	10
Tappen Mrs. J. Nelson	5	Tileston Mr. Henry	10
Townsend Mrs. R. H. L.	10		
Van Winkle Mrs. E. S.	10	Van Rensselaer Mrs. W. P.	10
Winthrop Mrs. H. R.	10	Wheelwright Miss E. G.	10
Wilkes Miss Grace	5	Weeks Mr. F. H.	10

Wilkes Miss H. K.	5	Whitin Mrs. Lewis F.	5
Warden Mrs. Frank	5	Williams Mr. Stephen C.	5
Wheelock Dr. Geo. G.	5	Woodworth Mrs. Robert	10
Wolfe Mrs. Virginia	10	Wolfe Mrs. Joel	5
Wolfe Miss Sarah C.	10	Williams Miss M. M.	5
White Mrs. J. M.	10	Worthen Mrs. Wm. E.	5
Wells Mrs. Wm. H.	5	Wales Mr. S. H.	10
Wheelwright Mrs. B. F.	10		
Zimmerman Mrs. John E.	10	Zarega Mrs. John A.	5

RULES FOR THE ADMISSION OF PUPILS TO THE NEW YORK TRAINING SCHOOL CONNECTED WITH BELLEVUE HOSPITAL.

The Committee of the Training School for Nurses has made arrangements with the authorities of Bellevue Hospital for giving two years' training to women desirous of becoming professional nurses.

Those wishing to obtain this course of instruction must apply to the Superintendent of the Training School, 426 East 26th Street, New York, upon whose approval they will be received into the School for one month on probation. The most acceptable age for candidates is from twenty-five to thirty-five years. The applicants should send with answers to the paper of questions, a letter from a clergyman, testifying to their good moral character, and from a physician, stating that they are in sound health. Applicants are received at any time during the year when there is a vacancy ; fall and winter months preferred. During the month of trial, and previous to obtaining a position in the School, the applicant will be examined in reading, penmanship, simple arithmetic, and English dictation.

The Superintendent has full power to decide as to their fitness for the work, and the propriety of retaining or dismissing them at the end of the month of trial. She can also, with the approval of the Committee, discharge them at any time in case of misconduct or inefficiency.

During the month of probation the pupils are boarded and lodged at the expense of the School, but receive no other compensation.

Those who prove satisfactory will be accepted as pupil nurses, after signing an agreement to remain two years and to obey the rules of the School and Hospital. They will reside in the Home, and serve for the first year as assistants in the wards of Bellevue ; the second year they will be expected to perform any duty assigned them by the Superintendent, either to act as nurses in the Hospital, or to be sent to private cases among the rich or poor.

The pay for the first year is \$9.00 a month, for the second year \$15.00 a month. This sum is allowed for the dress, text-books, and other personal expenses of the nurse, and is in no wise intended as wages, it being considered that the education given is a full equivalent for their services. They are required after the month of probation, when on duty, to wear the dress prescribed

by the Institution, which is of blue and white seersucker, simply made, white apron and cap, and linen collar and cuffs.

The day nurses are on duty from 8 A.M. to 8 P.M., with an hour off for dinner and additional time for exercise or rest. They are also often given an afternoon during the week, and have a right to the half of Sunday. A vacation of two weeks is allowed each year. It is not proposed to place nurses on night duty until they have been in the School three months.

As the Institution is unsectarian there are no religious services connected with it, except evening prayers, and all nurses are expected to attend the place of worship they prefer once on Sunday.

In sickness all pupils will be cared for gratuitously.

Course of Training.

The instruction includes :

1. The dressing of blisters, burns, sores, and wounds ; the application of fomentations, poultices, cups, and leeches.
2. The administration of enemata and use of catheter.
3. The management of appliances for uterine complaints.
4. The best method of friction to the body and extremities.
5. The management of helpless patients ; making beds, moving, changing ; giving baths in bed ; preventing and dressing bed-sores, and managing positions.
6. Bandaging, making bandages and rollers, lining of splints.
7. The preparing, cooking, and serving of delicacies for the sick.

They will also be given instruction in the best practical methods of supplying fresh air, warming and ventilating sick-rooms in a proper manner, and are taught to take care of rooms and wards ; to keep all utensils perfectly clean and disinfected ; to make accurate observations and reports to the physician of the state of the secretions, expectoration, pulse, skin, appetite, temperature of the body, intelligence, as delirium or stupor, breathing, sleep, condition of wounds, eruptions, formation of matter, effect of diet, or of stimulants, or of medicines ; and to learn the management of convalescents.

The teaching will be given by visiting and resident physicians and surgeons at the bedside of the patients, and by the Superintendent, Assistant-Superintendent, and head nurses. Lectures, recitations, and demonstrations will take place from time to time, and examinations at stated periods.

When the full term of two years is ended, the nurses thus trained will be at liberty to choose their own field of labor, whether in hospitals, in private families, or in district nursing among the poor. On leaving the School they will, on passing an examination, each receive a diploma signed by the Examining Board and by a Committee of the Board of Managers.

Rules for Nurses Going out to Private Service.

The nurses are to attend the sick, both rich and poor, at hospitals or private houses, as the Committee or Superintendent may appoint.

When sent from the Home to attend a patient, they receive their instructions from the Superintendent.

While on duty in the Home, at the Hospital, or in private houses, the regulations of the School, with regard to dress, are to be observed by the nurse.

A nurse is always to bring back with her a report of her conduct and efficiency from the family of her patient, and from the medical attendant.

It is expected that nurses will bear in mind the importance of the situation they have undertaken, and will evince, at all times, the self-denial, forbearance, gentleness, and good temper, so essential in their attendance on the sick, and also to their character as Christian nurses. They are to take the whole charge of the sick-room, doing everything that is requisite in it, when called upon to do so. When nursing in families where there are no servants, if their attention be not of necessity wholly devoted to their patient, they are expected to make themselves generally useful. They are to be careful not to increase the expense of the family in any way. They are also most earnestly charged to hold sacred the knowledge which, to a certain extent, they must obtain of the private affairs of such households or individuals as they may attend.

Communications on the subject of nurses may be made personally, or by letter, to

THE SUPERINTENDENT OF THE TRAINING SCHOOL,

426 East 26th Street, N. Y.

N.B.—THIS SIDE is to be filled out in the candidate's own hand-writing, and sent to the Superintendent of Training School, 426 East 26th Street, New York.

QUESTIONS TO BE ANSWERED BY CANDIDATE.

1. Name in full and present address of candidate. } _____
2. Are you a single woman or widow? } _____
3. Your present occupation or employment? } _____
4. Age last birthday, and date and place of birth? } _____
5. Height? _____ Weight? _____
6. Where educated? _____
7. Are you strong and healthy, and have you always been so? } _____
8. Are your sight and hearing perfect? } _____
9. Have you any physical defects? } _____
10. Have you any tendency to pulmonary complaint? } _____
11. If a widow, have you children? How many? Their ages? How are they provided for? } _____
12. Where (if any) was your last situation? How long were you in it? } _____
13. The names in full and addresses of two persons to be referred to. State how long each has known you. If you have been previously employed, one of these must be the last employer. } _____

has known me years

has known me years
14. Have you read and do you clearly understand the Regulations? } _____

I declare the above statement to be correct.

Date _____

Signed _____

Candidate.

Copy of Paper Sent to Employers.

NEW YORK TRAINING SCHOOL FOR NURSES, 426 EAST TWENTY-SIXTH STREET.

_____ 18

This day the Nurse _____
has been sent, on the recommendation of _____
to nurse in case of _____

Superintendent.

Regulations.

The charge for the services of a nurse is \$3 per day, or, if employed one week or more, \$16 per week. Travelling expenses and washing to be paid by the family employing the nurse.

All applications must be made personally, or in writing to the Superintendent.

When the nurse's services are no longer required, this sheet of paper is to be returned, sealed up, with a candid statement, on the fly-leaf, of her conduct and efficiency, either from one of the family or the medical attendant, together with information of the amount to be paid, and whether it is enclosed or will be paid at the office of the Society.

The nurse is to be allowed reasonable time for rest in every twenty-four hours; and when her services are needed for several consecutive nights, at least six hours in the day out of the sick-room must be given her.

Except in cases of extreme illness, the nurse must be allowed opportunity to attend church once every Sunday.

When on duty the nurse is always to wear the dress prescribed for her by the regulations of the Society.

Patients and their friends are invited to contribute to the general funds of the Society, and thus assist in enabling it to afford the advantages of gratuitous nursing to the poor, which is one of the objects the Association hopes to accomplish.

Where it be possible, a few days' notice of the nurse's return to the Home should be sent to the Superintendent.

Copy of Paper Returned by Employers.

_____ 18

The services of the Nurse _____ being no longer required,
she is this day set at liberty to return home and the sum of \$ _____,
being the remuneration for her attendance, is

Signed,

Remarks as to conduct, efficiency, etc.

CONSTITUTION AND BY-LAWS OF THE SOCIETY.

ARTICLE I.

The Society shall be known by its incorporated name of "THE TRAINING SCHOOL FOR NURSES." (Incorporated February 5, 1874.)

ARTICLE II.

The object of the Society, as defined by its Charter, is "the selection, education, training and providing of suitable persons as nurses for the sick."

ARTICLE III.

The Society shall report monthly and annually in writing to the "Local Visiting Committee for Bellevue and other public Hospitals of the City of New York," a branch of the State Charities Aid Association.

ARTICLE IV.

The Society shall consist of Honorary Members, Benefactors, Patrons, Members and Associate Members.

ARTICLE V.

The Officers of the Society shall be a President, Vice-President, Secretary, and Treasurer. They shall be elected annually by a two-thirds vote, by ballot, of the Board of Managers, from among its Members. In case of the death or resignation of an Officer, a successor for the remainder of the year may be elected by a two-thirds vote, by ballot, of the Board of Managers at any Regular or Special Meeting of the Board, two weeks' notice having been given in writing to the Members by the President or Secretary.

ARTICLE VI.

The President shall preside at all Meetings of the Board of Managers, and shall call Special Meetings at discretion, or upon the written request of three Members. The President shall name the Members of Standing and Special

Committees, and shall appoint, annually, an Auditing Committee of two gentlemen, Members of the Society, but not Members of the Board of Managers, to examine and report upon the Accounts of the Treasurer.

ARTICLE VII.

The Vice-President shall, in the absence of the President, perform the duties of the President.

ARTICLE VIII.

The Secretary shall perform the duties usually appertaining to this office.

ARTICLE IX.

The Treasurer shall receive, invest, and take charge of the funds of the Society, and shall make written Monthly Reports to the Board of Managers, of the condition of the Treasury, and a written Annual Report to the President, at the Annual Meeting of the Board of Managers.

ARTICLE X.

There shall be a Board of Managers, consisting of not less than eleven Members. Five Members of this Board shall be Members of the Local Visiting Committee for Bellevue and other public Hospitals. The Board may make its own By-Laws, and fill vacancies in its own body. The Board may, by a two-thirds vote, remove any Member for cause. It shall prepare the Annual Report, and submit it to the Society for approval at the Annual Meeting. It shall hold its Annual Meeting just previous to that of the Society. No Member of the Board of Managers shall receive a salary nor any compensation for services rendered. Five Members of the Board shall constitute a quorum at any Meeting.

The absence of any Member of the Board of Managers from Meetings of Committees of which he or she may be a Member, for a consecutive period of three months, without giving notice to the Secretary, may be considered by the President as equivalent to a resignation.

ARTICLE XI.

The Board of Managers shall control the management of the School, shall have power to appoint and remove the Superintendent of the School, and shall determine the salaries of all nurses and subordinates.

ARTICLE XII.

There shall be a Committee upon Nominations, composed of the President and three Managers. The names of persons eligible for Managers of this Institution shall be presented to this Committee, and in the event of vacancy in the

Board, this Committee shall report and recommend the party or parties eligible for election. After such nomination by the Committee, one month shall elapse, when the election shall take place by ballot at any meeting at which two-thirds of the Managers are present.

ARTICLE XIII.

The Finance Committee shall, with the Treasurer, manage the finances of the Society.

ARTICLE XIV.

Honorary Members shall be chosen only for important service and valuable aid rendered to the School. They shall be exempted from the payment of all dues. They shall be nominated by the Board of Managers, and elected by the Society at its Annual Meeting.

ARTICLE XV.

Benefactors.—Any person who shall give One Thousand Dollars at one time to this Society shall be entitled to all the privileges of membership without the payment of annual dues. A Benefactor shall have the right to nominate *two pupils*, who, upon conforming to the rules for admission, shall have a preference over all other applicants to the first two vacancies, and be received and trained in the School.

ARTICLE XVI.

Patrons.—Any person who shall give Five Hundred Dollars at one time to this Society shall be entitled to all the privileges of membership, without the payment of annual dues. A Patron shall have the right to nominate *one pupil*, who, upon conforming to the rules for admission, shall have a preference to the first vacancy, and be received and trained in the School.

ARTICLE XVII.

Members and Associate Members must be nominated in writing by a Member or Associate Member of the Society. The name of the proposed Member and the proposer being sent to the Secretary, to be submitted for approval to the Board of Managers. If elected, and upon payment of the annual dues, he or she shall become a Member or Associate Member of the Society. The annual dues of a Member shall be ten dollars, of an Associate Member five dollars, payable immediately after election, and subsequently in January of each year. Members shall be entitled to two votes at all Regular and Special Meetings of the Society, and Associate Members to one vote.

ARTICLE XVIII.

Members and Associate Members may at any time commute all annual dues for life by the payment of One Hundred Dollars, and Fifty Dollars, respectively.

ARTICLE XIX.

All Members of the Society and Associate Members shall have a preference over all other applicants for the services of nurses.

ARTICLE XX.

The Annual Meeting of the Society shall be held on the second Wednesday of January. The fiscal year of the Society shall be the calendar year.

ARTICLE XXI.

The By-Laws of the Sub-Committees must be in accordance with and subordinate to the By-Laws of the Board of Managers. The By-Laws of the Board of Managers must be in accordance with and subordinate to these By-Laws of the Society. These By-Laws can be amended by a two-thirds vote of Members of the Society or by a majority of the Board of Managers, at any Regular or Special Meeting, the text of the proposed amendment having been sent to each Member a fortnight previously by the Secretary.

